







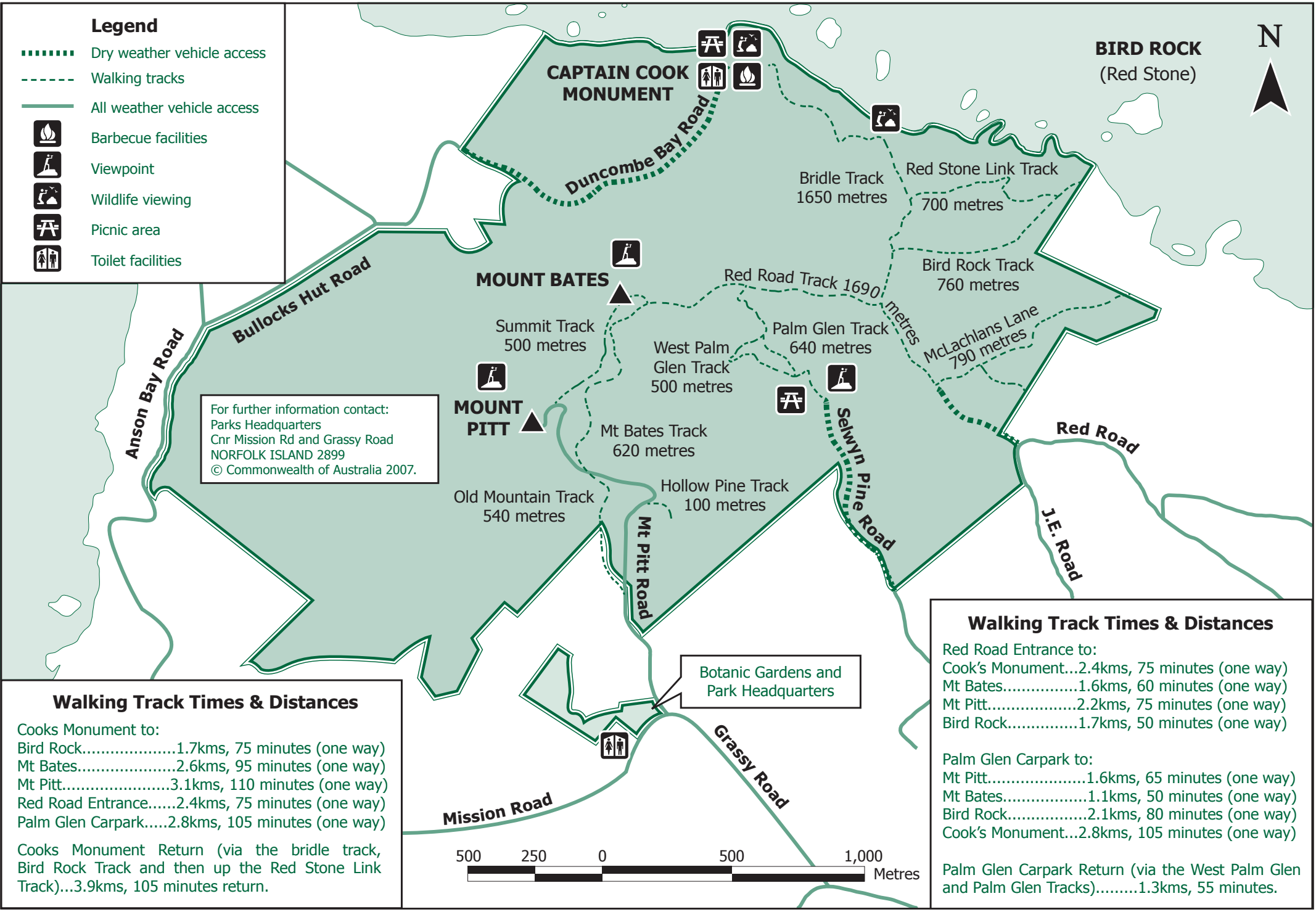


### Legend

-  Dry weather vehicle access
-  Walking tracks
-  All weather vehicle access
-  Barbecue facilities
-  Viewpoint
-  Wildlife viewing
-  Picnic area
-  Toilet facilities

For further information contact:  
 Parks Headquarters  
 Cnr Mission Rd and Grassy Road  
 NORFOLK ISLAND 2899  
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**Walking Track Times & Distances**

Cooks Monument to:

- Bird Rock.....1.7kms, 75 minutes (one way)
- Mt Bates.....2.6kms, 95 minutes (one way)
- Mt Pitt.....3.1kms, 110 minutes (one way)
- Red Road Entrance.....2.4kms, 75 minutes (one way)
- Palm Glen Carpark.....2.8kms, 105 minutes (one way)

Cooks Monument Return (via the bridle track, Bird Rock Track and then up the Red Stone Link Track)...3.9kms, 105 minutes return.

**Walking Track Times & Distances**

Red Road Entrance to:

- Cook's Monument...2.4kms, 75 minutes (one way)
- Mt Bates.....1.6kms, 60 minutes (one way)
- Mt Pitt.....2.2kms, 75 minutes (one way)
- Bird Rock.....1.7kms, 50 minutes (one way)

Palm Glen Carpark to:

- Mt Pitt.....1.6kms, 65 minutes (one way)
- Mt Bates.....1.1kms, 50 minutes (one way)
- Bird Rock.....2.1kms, 80 minutes (one way)
- Cook's Monument...2.8kms, 105 minutes (one way)

Palm Glen Carpark Return (via the West Palm Glen and Palm Glen Tracks).....1.3kms, 55 minutes.

